



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

A DAY OF ADVENTURE

The Typical Day at YMCA Camp Cullen

7 am	Rise and Shine
7:45-8:15 am	Breakfast
8:15 am	Flag Raising and Pledge of Allegiance
8:30 am	Morning Meeting
9 am-12 pm	Land Activities (Ages 12-17) Aquatics Activities (Ages 7-11) Equestrian Activities (4 Cabins)
12:30 pm	Lunch
1:15-2:25 pm	Siesta
2:30-5:30 pm	Land Activities (Ages 7-11) Aquatic Activities (Ages 12-17) Equestrian Activities (4 Cabins)
6 pm	Dinner
6:45 pm	Cabin Activities
7:30 pm	Evening Program
9 pm	Embers*
10:15 pm	Lights Out

*Embers is a nondenominational reflection on the days lessons of the five core values (respect, responsibility, honesty, caring and faith).

YMCA CAMP CULLEN
460 Cullen Loop
Trinity, TX 75862
936-594-2274
ymcacampcullen.org



YMCA Mission: To put Judeo-Christian principles into practice through programs that build healthy spirit, mind and body for all. Everyone is welcome.