



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# A DAY OF ADVENTURE

## The Typical Day at YMCA Camp Cullen

7 am	Rise and Shine
7:45-8:15 am	Breakfast
8:15 am	Flag Raising and Pledge of Allegiance
8:30 am	Morning Meeting
9 am-12 pm	Land Activities (Ages 12-17) Aquatic Activities (Ages 7-11) Equestrian Activities (4 Cabins)
12:30 pm	Lunch
1:15-2:25 pm	Siesta
2:30-5:30 pm	Land Activities (Ages 7-11) Water Activities (Ages 12-17) Equestrian Activities (4 Cabins)
6 pm	Dinner
6:45 pm	Cabin Activities
7:30 pm	Evening Program
9 pm	Cabin Devotions
10:15 pm	Lights Out

**YMCA CAMP CULLEN**  
460 Cullen Loop  
Trinity, TX 75862  
936-594-2274  
[ymcacampcullen.org](http://ymcacampcullen.org)



YMCA Mission: To put Judeo-Christian principles into practice through programs that build healthy spirit, mind and body for all. Everyone is welcome.



Text YMCAHouston to 41411