



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

A DAY OF ADVENTURE

The Typical Day at YMCA Camp Cullen

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| 7 am | Rise and Shine |
| 7:45-8:15 am | Breakfast |
| 8:15 am | Flag Raising and Pledge of Allegiance |
| 8:30 am | Morning Meeting |
| 9 am-12 pm | Land Activities (Ages 12-17) Aquatic Activities (Ages 7-11) Equestrian Activities (4 Cabins) |
| 12:30 pm | Lunch |
| 1:15-2:25 pm | Siesta |
| 2:30-5:30 pm | Land Activities (Ages 7-11) Water Activities (Ages 12-17) Equestrian Activities (4 Cabins) |
| 6 pm | Dinner |
| 6:45 pm | Cabin Activities |
| 7:30 pm | Evening Program |
| 9 pm | Cabin Devotions |
| 10:15 pm | Lights Out |

YMCA CAMP CULLEN
460 Cullen Loop
Trinity, TX 75862
936-594-2274
ymcacampcullen.org



YMCA Mission: To put Judeo-Christian principles into practice through programs that build healthy spirit, mind and body for all. Everyone is welcome.



Text YMCAHouston to 41411